

WOMEN'S DIVORCE/BREAK-UP SUPPORT GROUP@ MBHA

- Are you experiencing the pain and confusion of a divorce or break-up?
- Are you tired of feeling the weight of the world on your shoulders and feeling alone, lost, blind-sided, let-down, scared, anxious, or depressed?
- A new divorce/break-up support group is beginning in February. A small group of women (approximately 6-10 members) will meet on a weekly basis to support one another in a therapeutic and safe environment.
- If you have Highmark or UPMC insurance, you will only be responsible for your co-pay amount (as you would for a regular session).
- If you are not using insurance, your cost is just \$20 per group.

The support group will meet Mondays
from 5:15 - 6:15 p.m.

Sign up by filling out the form or call:

Michelle Croyle, MA
724-980-3307